



College Recruiting Process Overview

Goals

- ▶ Help players understand what playing sports in college mean
- ▶ Educate parents and players on the process of college recruiting
 - ▶ Present facts and demystify the process
- ▶ Navigate thru the process and help players make the right decision
 - ▶ What do you need to do if you want to play in college
 - ▶ What can the club do for you

What is it like to play soccer in college?

- ▶ It is a different college experience than that of a typical college student
- ▶ You are a **student athlete**
- ▶ Very hard to balance academics vs athletics
- ▶ The higher the level the harder it is
- ▶ May be on team but never play
- ▶ Need to maintain eligibility to stay on team
- ▶ Could be a celebrity on campus (or elsewhere)
- ▶ Could be a good or bad experience

Should you play sports in college?

- ▶ Why do you want to play in college?
- ▶ What do you want to do for a living?
- ▶ Do you have a realistic assessment of your talent and skills set?
- ▶ How committed are you to soccer?
- ▶ Do you want to play for yourself or for someone else?
- ▶ Are you good at managing your time?
- ▶ Do you want to trade the typical college experience just to play a sport?
- ▶ Will it be worth it?

The College Soccer landscape

- ▶ NCAA D1 Schools
 - ▶ 205 men and 333 women programs
 - ▶ Offer 9.9 for men and 14 scholarships for women (equivalent to 9.9 cash value), per roster
- ▶ NCAA D2 Schools
 - ▶ 213 men and 265 women programs
 - ▶ Offer 9 scholarships for men and 9.9 for women (equivalent to 9 cash value), per roster
- ▶ NCAA D3 Schools
 - ▶ 416 men and 441 Women programs
 - ▶ Do not offer sports scholarships
- ▶ NAIA schools
 - ▶ 188 men and 189 women
 - ▶ Offer 12 scholarships each for women and men per roster
- ▶ NJCAA schools
 - ▶ 223 men and 193 women
 - ▶ Offer 12 scholarships each for women and men per roster

Some Stats

- ▶ Currently there are 456,362 men and 390,482 women high school soccer players
 - ▶ 39,898 men and 39,204 women college players
 - ▶ Only 7.5% men and 9.4% women high school athletes play soccer in any colleges
 - ▶ Only 1% men and 2.1% women high school athletes play soccer in a D1 school
- ▶ Average weekly hours for players playing college soccer
 - ▶ Athletics: 28 hours. Academic: 41 hours. Total: 69 hours
- ▶ Average scholarship value
 - ▶ D1: \$16,199 (men x9.9), \$17,121 (women x14)
 - ▶ D2: \$6,364 (men x9), \$7,756 (woman x9.9)
 - ▶ NAIA: \$6,539 (men x12), \$7,011 (women x12)
 - ▶ NJCAA: \$1,771 (men x24), \$2,129 (woman x24)
- ▶ College rosters are about 25 to 35 players
 - ▶ Fully funded schools have at most 50% scholarship per player ratio
- ▶ Only about 35-50% of schools are fully funded in D1 and D2
- ▶ Scholarship are on a 1 year renewable basis

What do you need to do

- ▶ Decide if you want to play in college as early as possible
- ▶ Work hard to maintain good grades
- ▶ Work hard on your game to improve your skills (take ownership)
- ▶ Inform your coaches of your intent to play in college
- ▶ Always ask for feedback on your development
- ▶ Research and make a list of your schools of interest in order of priority
- ▶ Introduce yourself to the coaches and attend the schools ID Camps
- ▶ Continuously update your player profile (either standalone or getsoccer)
- ▶ Make videos of your skills and send to coaches of interest
- ▶ Take advantage of every playing opportunities that get you in front of coaches you want to see you
 - ▶ School camps, showcase tournaments, invite coaches to high school or club games

What can we do for our players

- ▶ Guide the players thru the process
- ▶ Offer genuine and honest feedback
- ▶ Provide playing and development opportunities
- ▶ Provide extra training opportunities for interested players
- ▶ Make it as affordable as possible for our players to develop

Common Mistakes

Made by students

- ▶ Target schools above your athletic ability
- ▶ Contact too few schools
- ▶ Have a false sense of security
- ▶ Wait until it's too late for something to happen
- ▶ Expect someone else to get you recruited
- ▶ Don't understand the scholarship and financial aid process
- ▶ Want to play for other reasons than loving to play
- ▶ Being pulled by the inertia of the system instead of being driven by internal desire

Made by parents

- ▶ Think they understand the process
- ▶ Think they can evaluate their kid's talent
- ▶ Lose track of the importance of a college education and degree
- ▶ Believe "If a college wants my child, they will find a way to get him/her into school."
- ▶ Think a letter from a coach means a scholarship
- ▶ Expecting the High School coach to guide the process
- ▶ Want it more than their kids

Summary

- ▶ Deciding to play sports in college is a big decision that need to be well thought out. It has to be the players decision driven by internal desires.
- ▶ Your skills and your grades are the only guarantee you have. If you have skills coaches will want you. Work on your game and your grades and be smart about the choices you make that get you the most exposure.
- ▶ Getting an athletic scholarship to play in college is not easy because there are limited scholarships per rosters and coaches use them to get the best players. Academic scholarships are much easier to get.
- ▶ Beware of businesses or clubs that use scholarship or college talk to lure you into their camp. They are most likely preying on your dreams.
- ▶ The hard truth is: **NOT** everyone has the natural talent to play soccer in college. Be realistic about your talent level and always welcome feedback to help you make the right decision for yourself.
- ▶ We are here to help you make the right decision and guide you along the way. Don't throw your money away to people making you believe they can get you recruited. Only **YOU** can get yourself recruited by doing the hard work.

Resources

- ▶ <https://www.totaalvoetbalconcepts.com/wp-content/uploads/2016/01/TVC-College-Recruiting-Process-eBook.pdf>
- ▶ <http://www.scholarshipstats.com/soccer.html>
- ▶ www.NCAA.org
- ▶ www.PlayNAIA.org
- ▶ www.nationalletter.org

Backup

SUMMARY OF RECRUITING RULES

SOPHOMORE YEAR	DIVISION I				
	Recruiting Method	Men's Basketball	Women's Basketball	Football	Special Cases
Recruiting Materials	1.) You may receive brochures for camps and questionnaires any time. 2.) You may begin receiving letters & emails June 15 after your sophomore year.	You may receive brochures for camps and questionnaires any time.	You may receive brochures for camps and questionnaires any time.	Men's Hockey: You may begin receiving letters & emails June 15 after your sophomore year.	You may receive brochures for camps and questionnaires any time.
Telephone Calls (you can always make calls at your own expense)	Coaches can make unlimited calls beginning June 15 after your sophomore year (including text messages and online chatting). No tweets or wall posts.	College coaches cannot call you.	College coaches cannot call you.	Women's Ice Hockey: college coaches may call international student athletes once on or after July 7 through July 31 after sophomore year. Men's Ice Hockey: college coaches may call once per month beginning June 15 (before junior year) through July 31 (after junior year.)	College coaches cannot call you.
Off - Campus Contact	None allowed	None allowed	None allowed	None	None allowed
Official Visits	None allowed	None allowed	None allowed	None	None allowed
Unofficial Visits	Unlimited (except during a dead period)	Unlimited (except during a dead period)	Unlimited (except during a dead period)	None	Unlimited (except during a dead period)

JUNIOR YEAR	DIVISION I				
	Recruiting Method	Men's Basketball	Women's Basketball	Football	Special Cases
Recruiting Materials	Allowed	You may begin receiving letters & emails Sept 1 of your junior year.	You may begin receiving letters & emails Sept 1 of your junior year.	None	You may begin receiving letters & emails Sept 1 of your junior year.
Telephone Calls (you can always make calls at your own expense)	Unlimited	Effective Aug 1 - Unlimited starting Sept 1 junior year.	Once from April 15 to May 31 junior year.	Women's Ice Hockey: Once per week beginning July 7 after junior year. Men's Ice Hockey: Once per month until July 31 after junior year.	Once per week starting July 1 after your junior year.
Off - Campus Contact	Allowed beginning opening day of classes.	Effective Aug 1 - Allowed starting Sept 1.	None allowed	Women's Ice Hockey: Allowed beginning July 7 after junior year.	Allowed starting July 1 after your junior year.
Official Visits	Allowed January 1 of your junior year. You may make only one official visit per college and up to five total for all Division I schools.	Effective Aug 1 - Allowed April of junior year beginning Thursday following the Final Four.	None allowed	None	None allowed
Unofficial Visits	Unlimited (except during a dead period)	Unlimited (except during a dead period)	Unlimited (except during a dead period)	None	Unlimited (except during a dead period)

SENIOR YEAR	DIVISION I				
	Recruiting Method	Men's Basketball	Women's Basketball	Football	Special Cases
Recruiting Materials	Allowed	Allowed	Allowed	None	Allowed
Telephone Calls (you can always make calls at your own expense)	Unlimited	Unlimited	Once per week beginning Sept 1.	Men's Ice Hockey: Once per week beginning Aug 1.	Once per week beginning July 1.
Off - Campus Contact	Allowed	Allowed	Allowed beginning Sunday following the last Saturday in Nov.	None	Allowed
Official Visits	Allowed beginning opening day of classes senior year. You may make only one official visit per college and up to five total for all Division I colleges.	Allowed beginning opening day of classes. You may make only one official visit per college and up to five total for all Division I colleges.	Allowed beginning opening day of classes senior year. You may make only one official visit per college and up to five total for all Division I colleges.	None	Allowed beginning opening day of classes senior year. You may make only one official visit per college and up to five total for all Division I colleges.
Unofficial Visits	Allowed	Allowed	Allowed	None	Allowed
Evaluation & Contacts	Up to seven times	Up to seven times	Up to six times	None	Up to seven times
How often can a coach see me or talk to me off campus?	Up to seven times	Effective Aug 1 - Up to seven times	1.) Up to six times 2.) Once in Sept, Oct and Nov 3.) Twice from April 15 through May 31	None	No more than three times

DIVISION II		DIVISION III	
Recruiting Materials	1.) A coach may send brochures for camps and questionnaires at any time. 2.) A coach may begin sending letters and emails June 15 before junior year.	A coach may send you any materials at any time (i.e. brochures, letters, emails).	
Telephone Calls (you can always make calls at your own expense)	1.) Coaches can make unlimited calls beginning June 15 before junior year. Including text messages and private emails through social media (no chatting, posts or message boards). 2.) You may make calls to coaches at your own expense.	1.) No limit on the number of calls or when they can be made by a coach. 2.) You may make calls to coaches at your own expense.	
Off - Campus Contact	A college coach can have contact with you or your family off the college's campus June 15 before junior year.	A college coach can have contact with you or your family off the college's campus after your junior year.	
Unofficial Visits	Unlimited (except during a dead period)	Unlimited	
Official Visits	1.) You may make official visits starting opening day of senior year. 2.) You may make only one official visit per college. No limit on the number of visits to Division II colleges.	1.) You may make official visits starting opening day of senior year. 2.) You may make only one official visit per college. No limit on the number of visits to Division III colleges.	

NUMBER OF PROGRAMS AND SCHOLARSHIPS BY DIVISION

Division	Men		Women	
NCAA D1	205	9.9	324	14
NCAA D2	204	9	258	9.9
NCAA D3	408	-	434	-
NAIA	198	12	198	12
NJCAA D1	146	18	132	18
NJCAA D3	81	-	67	-

Note: Not all schools are fully funded.

Richard Casseus - Galaxy Soccer Club

Recruiting Method	Sophomore Year	Junior Year	Senior Year
Recruiting Materials	You may receive brochures for camps and questionnaires.	You may begin receiving September 1 of your junior year.	Allowed.
Telephone calls	You may make calls to the coach at your expense only. College coach cannot call you.	You may make calls to the coach at your expense. College coaches may call you once per week starting July 1 after your junior year (rising senior).	You may make calls to the coach at your expense. College coaches may call you once per week beginning July 1. College coaches can make unlimited calls to you the day after you sign an NLI, written offer of admission and/or financial aid; OR the day after the college receives a financial deposit from you.
Off-campus contact	None allowed.	Allowed starting July 1 after your junior year.	Allowed.
Official visits	None allowed.	None allowed.	Allowed beginning opening day of classes your senior year. You may make only one official visit per college and up to a maximum of five official visits to Division I colleges. There is no limit to official visits to Division II colleges.
Unofficial visits	You may make an unlimited number of unofficial visits, except during a dead period.	You may make an unlimited number of unofficial visits, except during a dead period.	You may make an unlimited number of unofficial visits, except during a dead period.
Evaluations and contacts	None allowed.	None allowed.	Up to seven times during your senior year. Unlimited number of contacts and evaluation the day after you sign an NLI, written offer of admission and/or financial aid; OR the day after the college receives a financial deposit from you.